Layers of Procrastination

Thursday, May 5, 2022

I need to do something on the project. I’ve basically solved the problem before. Now, I need to implement it in another place. Easy. Easy peasy.

If only.

It seems the problem is that I need to make a small alteration and it shouldn’t be hard. I just think of all the ways of doing it. And all those thoughts float around my head like smoke.

Work email is probably the biggest challenge for someone battling severe procrastination. You \_have\_ to check it when a new message comes in, by golly, since it might be something important! 90% of the time, though, it’s nothing or at least not urgent. Suddenly, your focus is shot. You might have been on a roll – but not anymore. Oh crap.